**Detailed Learning Plan-HESI Online Review**

**Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Sarah Ross\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Item** | **Completion Date** | **Overall Score/Category Score** | **Comments** |
| **Pre-test** | **September 21st, 2017** | **62%** | From my results of the Pre-Test, I have been able to learn that I need to work on improving my psychosocial and physiological integrity knowledge, as well as my skills/knowledge in providing a safe and effective patient care environment. I was surprised at receiving 100% in the area of health promotion and maintenance, as I thought I was going to the best in the psychosocial aspect and not this area. From taking the Pre-Test it gave me a good understanding of where I need to begin my studying and improve on for the NCLEX. I will begin focusing on the modules set out in the study calendar, as well as the modules I believe will benefit my studying.  |
| **Module Exam****# 1***Basic Care & Comfort**Module 7**(Lesson 32)* | N/A | N/A | ***I will complete this module by:***November 10th, 2017 |
| **Module Exam****# 2***Basic Care & Comfort**Module 7**(Lessons 33-34)* | N/A | N/A | ***I will complete this module by:***November 27th, 2017 |

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| **Learning Needs**  | **Learning Goals** | **Activity** | **Timeframe** |
| **#1** **Psychosocial Integrity****(68%)** | I want to better my knowledge surrounding maintaining my patient and their families mental and emotional health while caring for them. I will gain a better understanding of interventions to accomplish this through completing the outlined modules surrounding psychosocial integrity and researching at least 1 scholarly article about methods to promote mental/emotional health in patients. I will review previous topics such as behavioral interventions, coping mechanisms and family dynamics to increase my knowledge on this area. I will also try and apply the skills I learn within my current clinical placement. | I will review the HESI/Saunders Modules:-Mental Health Concepts(Lessons 12 & 13)-Monitoring for Health Problems (Lessons 40-44) | I will complete the Mental Health Concepts Modules by December 8th 2017. I will complete the Monitoring for Health Problems Modules periodically. I will have 40/41 completed by December 15th and 42/43/44 by January 1st 2018.  |
| **#2****Physiological Integrity****(50%)** | From the results of my pretest I will need to enhance my knowledge of providing nursing care that promotes physical health through providing care and comfort to my clients through reducing their risks and managing their health concerns. I will achieve this through completing the outlined modules that surround this area of nursing. As well, I will review notes on previous topics covered in nursing school such as assistive devices, non-pharmacological comfort interventions and nutrition/oral hydration. I will also try and apply the skills I learn within my current clinical placement.  | I will review the HESI/Saunders Modules:- Basic Care & Comfort (Lessons 32-34) -Physiological Health Problems (Lessons 45/46)  | I will complete the Basic Care and Comfort Modules by November 24th, 2017.I will complete the Physiological Health Problems Modules by November 30th, 2017.  |
| **#3****Safe & Effective Care Environment****(61%)** | I will continue to grow on my knowledge of Safe & Effective Care Environments through constantly reviewing topics covered in this area. I will review all modules as well as previous course topics. I will mainly focus on management of care and safety & infection control. I will also try and apply the skills I learn within my current clinical placement. | I will review the HESI/Saunders Modules:-Safety and Infection Control (Lessons 29/30)-Management of Care (Lessons 24/25) | I will complete the Safety and Infection Control Modules by January 19th, 2018. I will complete the Management of Care Modules by January 31st, 2018.  |